

A wooden sign with the word "REVISION" in bold, black, sans-serif capital letters. The sign is rectangular and has a thin black border. It is placed on a dark brown wooden surface. Surrounding the sign are numerous small, crumpled pieces of paper, some yellow and some green, scattered across the wood. A small, light-colored wooden clothespin is clipped to the bottom edge of the sign.

REVISION



**KEEP
CALM**

AND

**DO SOME
REVISION**

How do I revise for exams?

Another of the key skills you need to master in exam periods is **concentration** – or how to use your head best!

FIND YOUR BEST TIME OF DAY!

Do tasks that need most concentration at times when you are mentally and physically fresh. If you are tired and hungry, your ability to concentrate will be reduced!

REMOVE DISTRACTIONS!

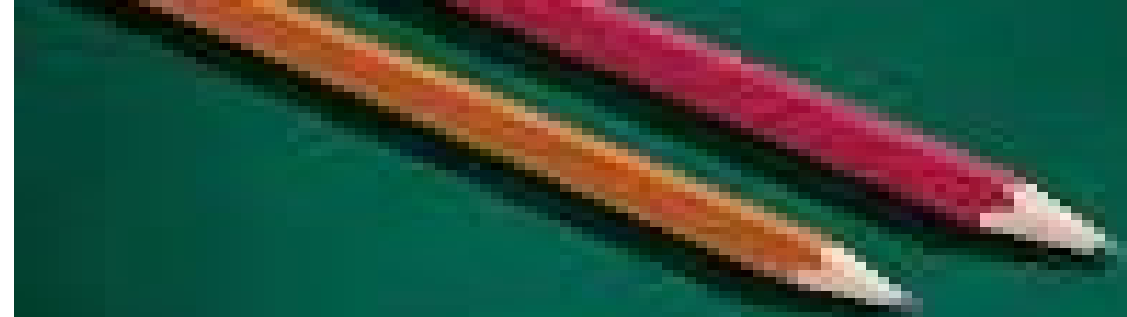
Noise, uncomfortable surroundings and interruptions from other people all affect your ability to concentrate. Find a quiet, comfortable place to study, away from people, the computer and the TV. Keep this space as uncluttered as possible.

SET A GOAL!

Decide on a goal for each revision session. Try to achieve this by the end of the time. Keep breaking revision down into smaller pieces and reward yourself when you do exactly what you planned.

BREAK TIME

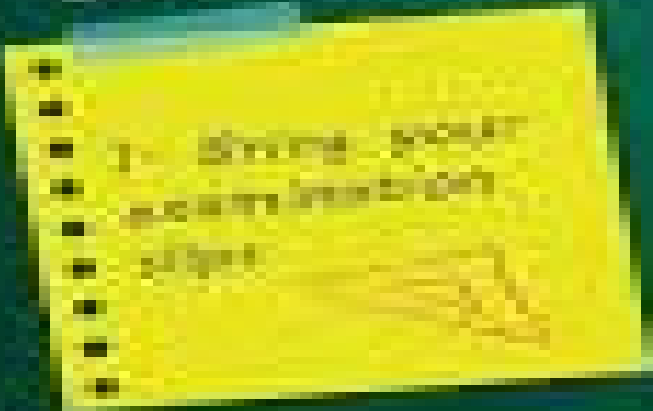
Take short breaks, get up and walk around. When we move, blood is pumped around the body and more oxygen is sent to the brain.



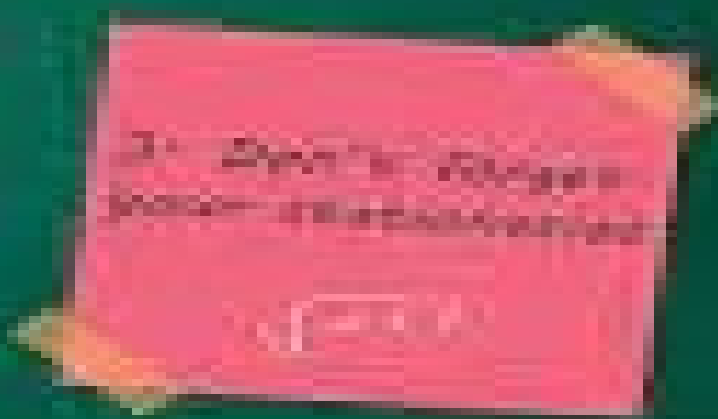
Good luck!

FOR YOUR FINAL EXAM

CHECKLIST

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1. Bring your student ID card

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2. Bring your student ID card

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3. Don't forget your calculator

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