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Everyone's Smart University

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Legislation That May Affect the Project

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INTRODUCTION

Background

Proper legislation for a Gym project is essential to guide the conduct and operations of gym users. Setting standards is essential to protect the resources within the facility and ensure the safety of the people who enjoy the services. Most people visit these facilities to seek fitness and bodybuilding services. Some resources are delicate, while others are dangerous and can harm users if not used within the specific guidelines. As a result, it is important to enact laws that prescribe acceptable conduct within the facility and limits. Besides, it specifies the privileges for all stakeholders in the facility.

Considering that this technology involves artificial intelligence, it requires protective legislation that extends beyond physical safety and includes data and information protection. The information that the facility will collect from its users should be properly handled and protected from unauthorized access or use. Notably, it should address different forms of discrimination. The focus is to heighten the sensory phenomenon experienced through weights, reception and alternative class spaces (Clark, 2018). Digitizing these processes and using artificial intelligence technology requires the collection of information. Therefore, the purpose of this research is to determine legislations required to protect ensure proper health, safety, and reducing equality for the AI Gym project.

Case Study Description

'Stay at Home' measures to contain Covid-19 has made it necessary for people to Gym services for physical fitness. At the same time, it reduces the number of physical fitness trainers or coaches required at the Gym. This perspective makes it necessary to

incorporate technology at critical points of the facility to reduce face-to-face interactions. Automating the processes and ensuring proper instruction chain through artificial intelligence is important to improve the facility's operations and reduce interactions among people to achieve social distancing. It targets the working class whose being at home causes physical unfitness and unnecessary increase in weight.

Problem Statement

Covid-19 has resulted in physical isolation measures that incorporate working from home, lockdowns, minimizing movements, fewer social interactions and sporting activities to contain the pandemic. One of the lifestyle activities affected by the measures is physical exercise (Gallo, Gallo, Young, Moritz & Akison, 2020). Moreover, they limit physical interactions, making it difficult for most people to seek physical fitness services because they would contact other people. After all, most fitness centres lack the desired technology that minimizes the number of people and contact at the facilities. More specifically, there is little information about the legislations required for the project.

Objectives

- i. To determine the policies and legislation required for incorporating artificial intelligence in the project.
- ii. To determine specific activities that the legislations shall influence.
- iii. To determine roles, responsibilities and privileges for stakeholders of the project.
- iv. To find out the best regulations to safeguard health and safety, data and anti-discrimination.

LITERATURE REVIEW

Project Legislations

Adelle & Weiland (2012) outlines that the purpose of project legislation is to guide decision-making and evaluate potential impacts of policy alternatives. Legislations have direct impacts on the operations and management of the project. Policies are essential in creating a favorable and safe environment for fitness consumers (De Bosscher, Shibli, Westerbeek & Van Bottenburg, 2015). They determine the organizational and individual successes in achieving the goals and objectives in the facility. Effective legislation provides a framework for evaluating conducts and outlining reactions to such conducts to safeguard the project and stakeholders' interests and wellbeing. The success of the project relies on the policies that ensure everyone follows the set guidelines.

Importance of Legislations in a project

Policies create significant constraints on using available resources, operate the facility and handle situations such as violations, among others. Proper legislation provides subjective and objective measures through five related fields and well-beings; physical, social, environmental, economic and psychological (Rabiee, Robbins & Khan, 2015). Proper legislation can make people have vitality, correctness and positive energy to undertake and manage the project. Policies create both a conducive environment and guidance to the stakeholders in the organization, making it easy to work and operate within the doctrines and norms of the project.

METHODOLOGY

The project used a qualitative secondary approach to collect and analyze information. It majorly focused on scholarly sources that have essential information about the legislation that can affect or influence the general operations and success of the project. Data analysis used content analysis that aims at finding out the meaning and themes from the information collected. The focus is outlining the legislation for ensuring the effective use of artificial intelligence at the AI Gym project.

RESULTS AND DISCUSSION

The project shall use artificial technology to guide and instruct users. The first policy should be to outline the access privileges and operations of the technology. Not everyone should have full access to the technology. Notably, the content it provides should ensure equality among all members and uphold a high level of ethics for both the majority and the minority. Besides, the contractual and operations law shall affect the project by outlining specific procurement, operations and maintenance policies. Externally, fitness facility is governed by a web of legislation, common law, and state and territory-based fitness industry codes that the project will have to comply with (Keyzer, Coyle, Dietrich, Norton, Sekendiz, Jones & Finch, 2014). Both the internal and external legislations shall affect the health, safety and anti-discrimination aspects of the project.

CONCLUSION

To ensure proper health, safety and anti-discrimination in the AI Gym project, the project requires proper legislation, policies and regulations to provide a comprehensive code of conduct. The project shall be mindful of the external legislations and use them to create internal policies that ensure the fitness facility offers healthy services, safe and nondiscriminatory through artificial intelligence technology.

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