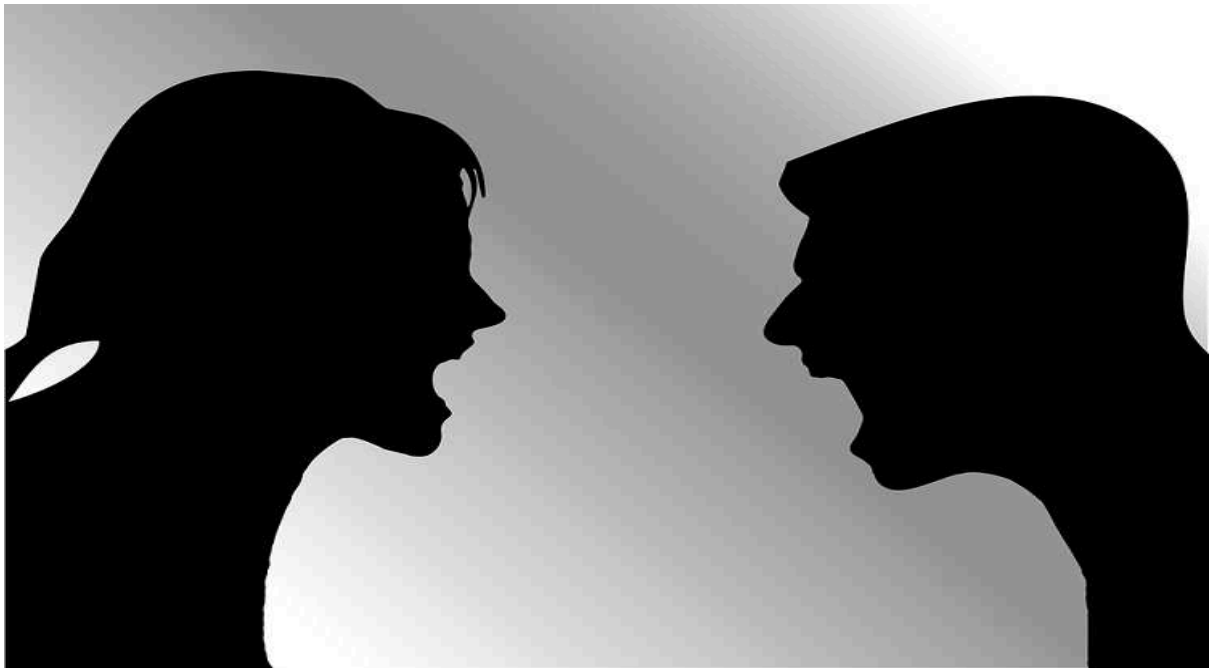


A study about the impact of family problems on KAU students' academic performance



Name: Mohammed Ahmed Alghamdi

ID number: 221002527

Instructor: Dr. Abdul Rahim Nader

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Abstract

Disagreements inside families cause many problems between family members. Divorce is one of the dangerous results of family problems, and the percentage of divorce has increased in the last 10 years in most countries. According to Saudi General Authority for Statistics, the rate of divorce in Saudi Arabia in 2019 is 1.49 per 1000 people, this is too high rate. This research studied the effects of family problems on the educational performance of KAU students. This is the first objective of the study. The second objective is to find a solution for this problem. The method used for collecting data is the electronic survey with a simple design. The survey had 20 questions in several types, and the questions were divided into five groups, personal questions, and questions for each RQ. The findings showed that family problems negatively affect KAU students' academic performance. Also, it damages the psycho of the students. Family problems make some of the students think of smoking and do some bad actions. The best two solutions for this problem are: attempting to solve the disputes, or doing workout to get rid of negative energy. The people who are about to get marriage should be educated and have the awareness of the importance of the agreement .inside families, this will definitely help to reduce family problems

Introduction

The world is consisting of countries, and countries are consisting of communities, and communities are consisting of families, so, families are the basis of the world. If the basis of any building is weak and broken, the building will be weaker and more breakable. Families can build nations, but nations can be destroyed by families. According to Steemit.com, family problems mean a kind of trouble relationship between family members which in turn leads to tensions. One of the common results of family problems is divorce, the percentage of divorce became too high in the last century. According to Anamusafer.com, divorce rate in Russia is 4.7 case per 1000 people, and it is the highest rate in the world. In 2010, Saudi Arabia recorded more than 30,000 divorce case. The rate of divorce in Saudi Arabia in 2019, as Eremnews.com shared, is one case per 10 minutes, and this is a high rate. All of these are some of the consequences of family problems

This research will study the impact of family problems on KAU students' academic performance. Family problems cause many negative psychological effects. Also, it could affect the society. According to Jabal (2012), family problems affect the family's capabilities to cope with their burden in general. Also, the prevalence of these problems hinders the family and therefore individuals to do the needed works, like the social interaction. Also, according to Najdawi (2003), the study has aimed at identifying the extent of crime relationship to unemployment, and to the family problems on the other hand. The study showed that 32% of the respondents suffer from a lack of family guidance and poor family upbringing. Another study from Wael AL-Tail, Akram AL-Khatbiyah and Ali Asiri, results that

7 family problems coming from parents' rejection. 6 personal psychological problems, and .other results. These impacts are some of the negative impacts of family problems

The study of Yasser Ismail (2009), with (a) sample of 133 boys and girls, has focused on the common behavioral troubles among children who have poor of family care. Also, it aimed at the extent to which these issues differ among the deprived according to the variable of the loss period, type and age of the child during the loss, gender and academic level. The :findings are

Bad behavior, emotional issues, neuroses, depression and problems with friends 1
.children who have divorced parents have a lot of problems with their peers 2

Al-Masmari's study (2012) has focused on the impact of family problems on the socialization for children. The sample was juvenile delinquents in the AL Bayda city in Libya. The result .indicates that there is a negative effect of family problems on the socialization for children

Abdulkareem's study (2012) has aimed at recognizing the nature of relationships inside the family, in the light of social variable, the educational level, the financial situation of the family and the time of watching satellite channels by family members. The outcomes show that there is a statistically significant negative correlation in relationships, the educational .level and the hours of watching TV

This research is very important because it will show if there is an impact of family problems on KAU students' academic performance. Also, it will determine the consequences and find solutions for students to escape the dangerous psychological and physical response. This :research has several questions that will be answered after finishing the study which are

?What are the impacts of family problems on KAU students' academic performance

?What is the reaction of KAU students toward family problems

?How can KAU students avoid the consequences of family problems

?What are the reasons of family problems

Methodology

The methodology was written to describe the data collection method and determine the participants. Also, it was written to illustrate the process of data analysis with details. The data collection method of this research was an electronic survey because it is one of the easiest methods to collect data and it preserves the privacy of the participants. In the survey, the topic and the introduction are in the top to give the participants an overview about the research. Then, there are three personal questions for the participants which are the age, the gender and the profession. After that, there are four questions for the first RQ, two of them are scale questions, and the other are multiple choice questions. Then, the second RQ has five questions and some of them are yes/no questions. The third and fourth RQs have eight questions, each one has four. This research has a sample size of 64 participants from KAU students because the research study the impact of family problems on their academic performance. The survey has been shared with KAU students to answer the questions easily. After collecting the data, the findings will be analyzed in tables and graphs by Google Forms to find the results easily. In the next step, the results will be available to discuss it and give some solutions for the problem based on the answers of the .survey

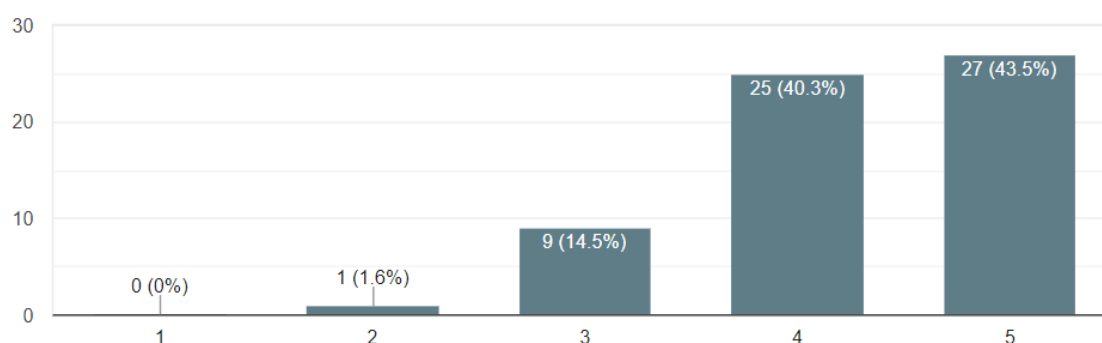
Findings

This section was written to show the results of the survey. This section has nine graphs with their descriptions. Each RQ has two graphs and descriptions, but the second RQ has three. The findings were organized to write each description and graph below the relevant RQ. The graphs and the description had the information of the survey, like votes and number of participants.

?RQ 1: How common are family problems among KAU students' families

4-Do you think family problems is a common problem in our society-4
(هل تعتقد أن المشاكل العائلية هي مشكلة شائعة؟)

ردًا 62



Strongly disagree. 2 Disagree 3 Neutral. 4 Agree. 5 Strongly 1
 .agree

Figure 1: the spread of family problems

The bar chart in figure 1 shows that the number of students who see that family problems is a common issue. As it can be clearly seen, more than three quarters (83.8%) of the participants who are KAU students see that family problems is a widespread problem in our society. On the other hand, only one student sees that it is not a popular problem. However, just under the quarter (14.5%) of the participants are in between. In conclusion, family problems are one of the common problems in our society which results in many negative effects on the human resources

(كم مرة تعاني من مشاكل داخل عائلتك؟) How often do you have problems within your family-5

ردًا 62

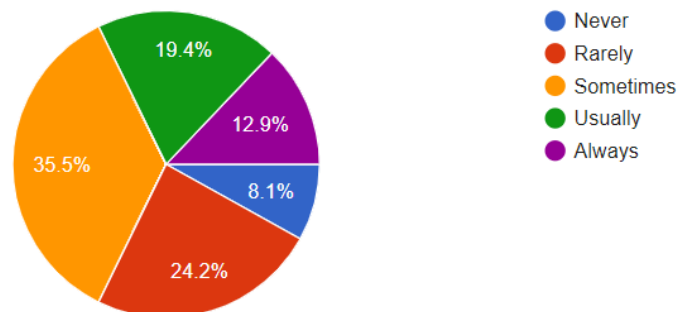


Figure 2: the frequency of family problems

The pie chart in figure 2 reveals how often participants have family problems. As can be seen in the graph, over one-third of the students (35.5%) sometimes have problems within their families. In comparison, just under the quarter of students (19.4%) usually have family problems, while even fewer participants (12.9%) always have problems within their families. To compare, approximately the quarter of the participants (24.2%) rarely have family problems, and the least percentage of the participants (8.1%) do not have any family

problems. In conclusion, it can be inferred that most KAU students have problems within their families, and that cause a high pressure

?RQ 2: What are the impacts of family problems on KAU students' academic performance

هل تعتقد أن المشاكل العائلية تؤثر سلباً على المستوى الأكاديمي للطلاب؟ (هل)

رداً 62

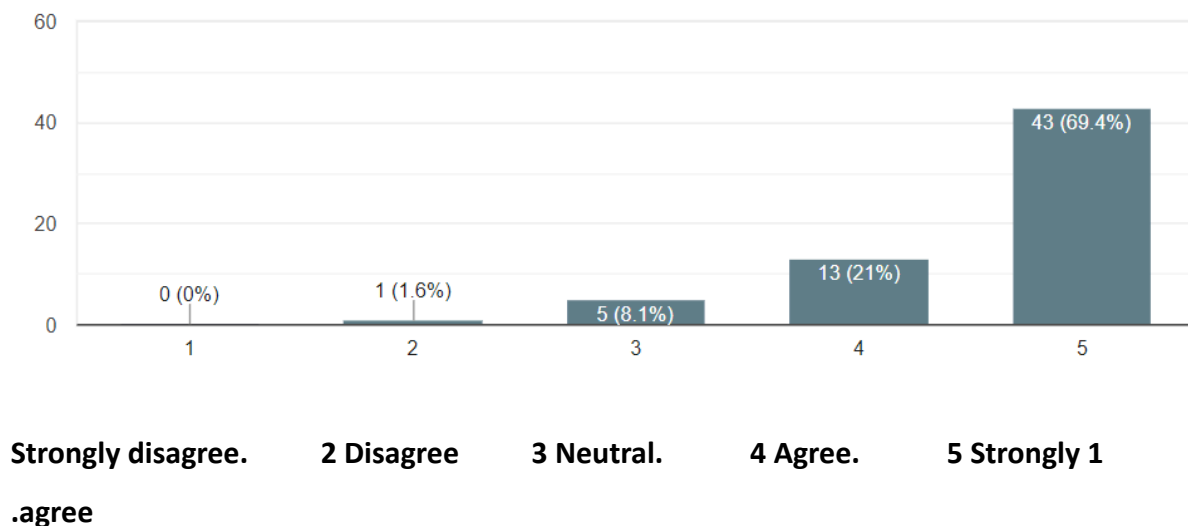
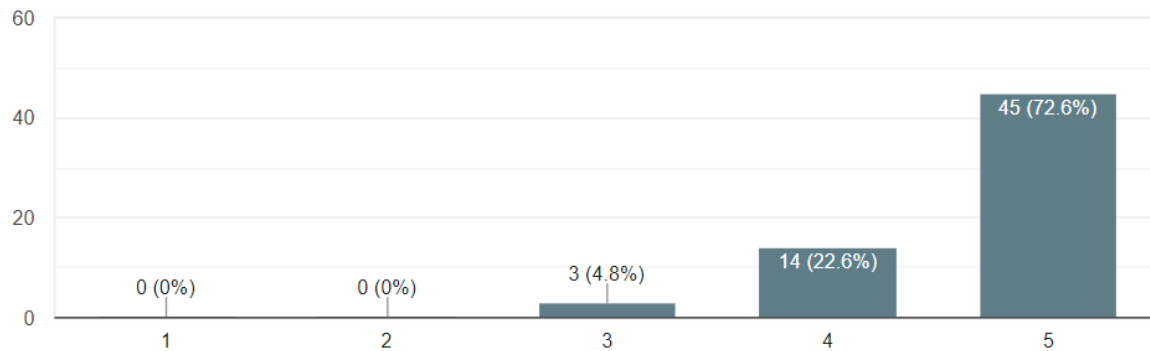


Figure 3: the effect of family problems on the academic performance

The bar chart in figure 3 illustrates the impact of family problems on KAU students' academic performance. We can see in the bar chart that the majority of the respondents (90.4%) believe that family problems negatively affect the academic performance. However, on the other side, only one of the students sees that family problems cannot affect KAU students in

negative. In comparison, only a small minority (8.1%) of the participants are neutral. In conclusion, it can be concluded that nearly all students in KAU suffer from family problems, and this affects their marks

11-Do you think family problems cause psychological negative impact-11
(هل تعتقد أن المشاكل العائلية تسبب تأثيرا نفسيا سلبيا؟)
ردًا 62



Strongly disagree. **2 Disagree** **3 Neutral.** **4 Agree.** **5 Strongly 1 agree**

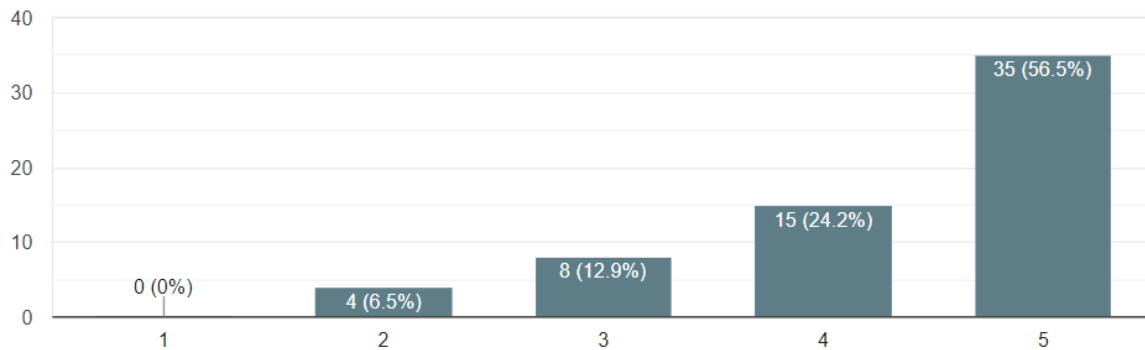
Figure 4: the psychological impact of family problems

The bar chart in figure 4 shows the psychological effect of family problems on KAU students. As can be seen in the figure, approximately all the participants (95.2%) believe that the problems within families can negatively affect the psycho of the students. however, in comparison, only 4.8% of the respondents are neutral. On the other hand, no one of the participants sees that family problems cannot negatively affect the psycho of the students. In conclusion, family problems definitely affect the psycho of the students, and that negatively affect their vigor

Family problems weaken the willpower of the students-12

(الطلاب)

62 ردًا



Strongly disagree. 2 Disagree 3 Neutral. 4 Agree. 5 Strongly 1 agree

Figure 5: the effect of family disputes on the willpower

The graph in Figure 5 demonstrates the impact of family problems on the willpower of the students. As can be seen in the bar chart, over three quarters of the respondents (80.7%) believe that the family problems have a negative impact on the students' willpower. On the other hand, only a small minority of the participants (6.5%) see that there is no negative effect of having problems within families on the willpower of the students. To compare, only 12.9% of the respondents are neutral. In conclusion, family problems have a negative impact on the willpower of KAU students which is very important to them to keep working hard

?RQ 3: What is the reaction of KAU students on family problems

13-Do you do bad actions when you face problems within your family-13
 (هل تقوم بأفعال سيئة عندما تواجه مشكلة في عائلتك؟)

61 ردًا

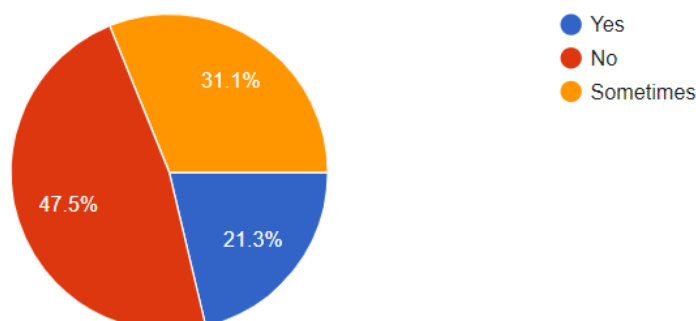


Figure 6: the reaction of KAU students toward family problems

The pie chart in figure 6 shows if the students do bad actions when they face family problems. as can be clearly seen in the figure, just under the third of the students (31.1%) do bad actions when they face problems within their families, while even fewer of them (22.3%) sometimes do the same. However, in comparison, almost half of the respondents (47.5%) do not do any bad actions when they face family problems. To conclude, doing bad actions is not really a common reaction that KAU students do when they have problems within their families, but it is one of the reactions

14-Do you think of smoking when you have problems within your family-14
 (هل تفكر في التدخين عندما تعاني من مشكلة داخل عائلتك؟)

62 ردًا

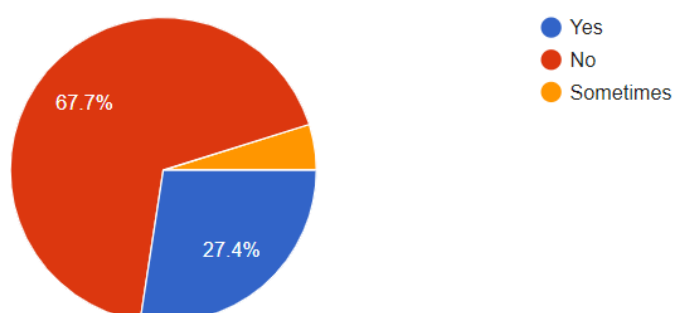


Figure 7: thinking of smoking when having family problems

Figure 7 illustrates the probability of thinking of smoking when KAU students face family problems. as it can be seen, just over the quarter of the participants (27.4%) think of smoking when they have problems within their families. Only a small minority of the students (4.9%) sometimes think of smoking when family problems occur. On the other hand, in comparison, approximately two-thirds of the respondents (67.7%) do not think of smoking when they face family problems. In conclusion, it can be concluded that thinking of smoking is considered one of the reactions that KAU students do when they have family .problems which cause many health problems

?RQ 4: How KAU students can avoid the Consequences of family problems

Do you believe the best solution to avoid the consequences of family problems is to try to-17
solve the problem (هل تعتقد بأن الحل الأفضل لتجنب مخاطر المشاكل العائلية هو المحاولة لإيجاد حل لها؟)

ردًا 62

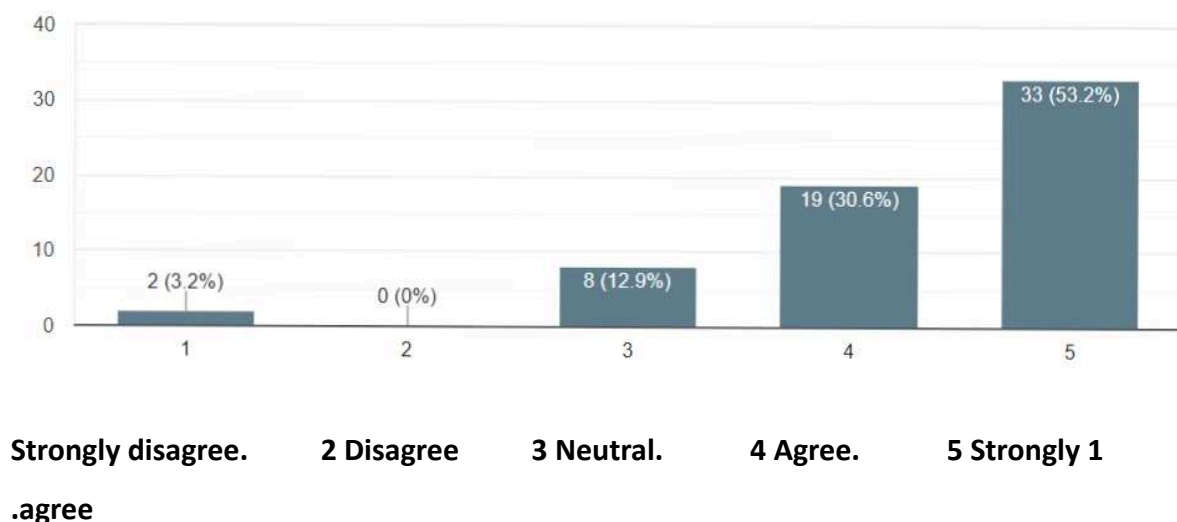
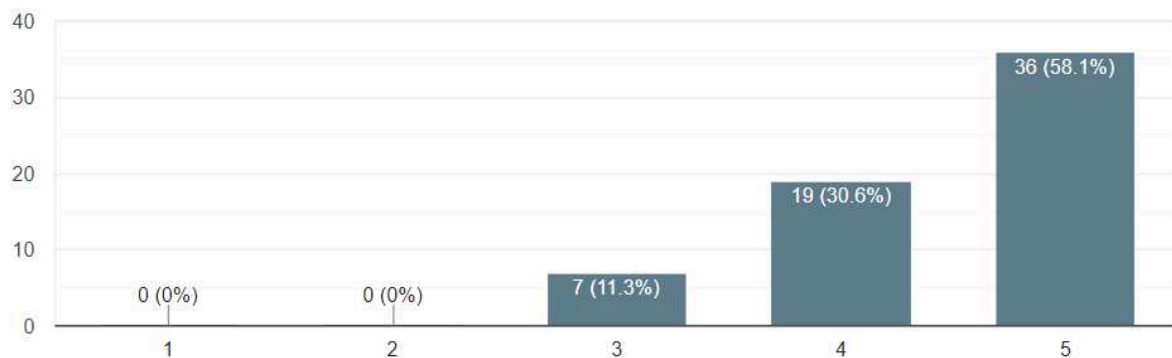


Figure 8: trying to solve family problems

The bar chart in figure 8 shows if trying to solve the family problems is the best solution to avoid the consequences of it. As it is clear in the bar chart, the majority of the participants (83.8%) believe that the solution to avoid the negative effects of family problems is to try to solve it. on the other hand, only two of the respondents see that trying to solve family problems is not the best solution. However, in comparison, only a small minority of the students (12.9%) are neutral. To conclude, trying to solve family problems is one of the best .solutions to avoid the consequences of family problems

) .Doing workout is the best solution to reduce the pressure coming from family problems-20
التمارين الرياضية قد تقلل من الضغط الناتج من المشاكل العائلية؟

ردًا 62



Strongly disagree. **2 Disagree** **3 Neutral.** **4 Agree.** **5 Strongly 1**
.agree

Figure 9: Doing workout to reduce the pressure

The bar chart in figure 9 shows if doing workout is the best solution to avoid the negative effects of family problems. As we can see in the bar chart, the majority of the respondents (88.7%) see that doing workout is the best solution to reduce the pressure coming from family problems. on the other hand, no one sees the opposite. However, in comparison, only a small group of the participants (11.3%) are in between. In conclusion, doing workout is the .best solution for KAU students to decrease the pressure happening from family problems

Discussion

The objective of the research was to study the impact of family problems on KAU students' academic performance. It is an important research because it lists the impacts of the problem and find a solution for this problem which is family problems. This section summarizes the findings of each RQ and gave interpretations depending on the results. Also, it will compare the results with other the findings of other studies

The findings of the first RQ which investigated the spread of family problems show two main things: first, family problems is a common problem (see figure 1). Also, KAU students usually face this problem, suggesting that this is because of the ignorance of parents/family members. It also seems that the pressure and difficulties that parents/family members have cause family problems and a lot of disputes. Second, a lot of KAU students usually have family problems (as shown in figure 2). This might be because they do not attain the desires of their parents, or they have elder brothers who have not achieve the goals that their parents wished

The second RQ that studied the impacts of family problems on KAU students has interesting results. The first impact that the findings show that there is a negative effect on the

students' academic performance (as indicated in figure 3). The interpretations are: First, the high psychological pressure that comes from family problems (shown in figure 4) as the second negative impact of family problems. Second, domestic violence that family problems may cause, and this definitely affect the students' academic performance. The third effect is that family problems weakens the willpower of the students (shown in figure 5). This adds to the findings of Jabal(2012), who showed approximately the same results, it showed that .family problems prevent individuals to perform their required works

The results of the third RQ that studied the students' reactions on family disputes show that family problems cause two main reactions: first, family problems make students do bad actions (as shown in figure 6), and this is a dangerous thing, suggesting that students who do bad actions when facing family problems want to run away from the pressure that comes from the disputes within their families. This result supports the findings of Tarrah(2011), it revealed that people who have problems within their families their behavior is negatively affected. Second, KAU students think of smoking when they have family problems (see figure 7), since they might need something to get rid of the psycho pressure, or they want to .simulate some famous people to forget the pressure

The findings of the last RQ that investigate the solutions to avoid the negative effects of family problems show two good solutions: first, try to solve the problem is one of the best solutions (as indicated in figure 8), I think they chose this solution because responsible people face their problems and do not run away from them, or maybe they chose this solution because they think being strong is better to reduce the pressure of the problem. Second, doing workout is the solution to reduce the stress (see figure 9). This suggests that doing workout empties the negative energy and gives vitality and make the brain more .active

Conclusion

The research has attempted to discover the effects of family problems on the educational performance of KAU students. Also, the study has tried to find a solution for this serious problem. There are several negative impacts of family problems that affect KAU students. They are exposed to tremendous psychological pressure which weakens their academic performance, and their desire to achieve their goals. Also, some of KAU students have had to do bad actions, like smoking to reduce the stress coming from family problems in any way, or to escape from it. This study helped the society to know the effects of the problem and suggest two main solutions to escape the negative impacts of family problems which are: First, take the responsibility and do not escape the problem by trying to find a solution. Second, doing sport exercises to alleviate the psychological pressure resulting from family problems. There is an important recommendation for solving the problem, educating those who are about to get married and making them aware of the importance of family stability. For example, informing them of the danger of incompatibility between spouses on the family and its effect on children. This research has some limitations that make it not perfect: First, the data collection method was an electronic survey, and the data of this kind of studies should be collected by observation to have more accurate data. Also, we cannot generalize the results because of the small size of the sample (64 participants) and the scope (KAU students). By these limitations, there are some suggestions for further studies: First,

doing research for these sensitive subjects need an observation to collect more Authentic data. Second, the sample should be bigger, and the scope should be wider to be able to generalize the findings on the society

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Appendix A

- 1-Do you think family problems is a common problem in our society?
- 2-How often do you have problems within your family?
- 3-I hear stories about family problem from my close friends.
- 4-Do you think this problem cannot be solved easily?
- 5-Do the family problems affect you negatively?
- 6-Do you have emotional bias to one of your parents because of the many quarrels?
- 7-Do you think family problems negatively affect the student's academic performance?
- 8-Do you think family problems cause psychological negative impact?
- 9-Family problems weaken the willpower of the students.
- 10-Do you do bad actions when you face problems within your family?
- 11-Do you think of smoking when you have problems within your family?
- 12-Do you think of drugs when you have family problems?

13-Family problems cause sexual bad habits.

14-Do you believe the best solution to avoid the consequences of family problems is to try to solve the problem?

15-Working in a part time job is a good solution for avoiding the family problems pressure.

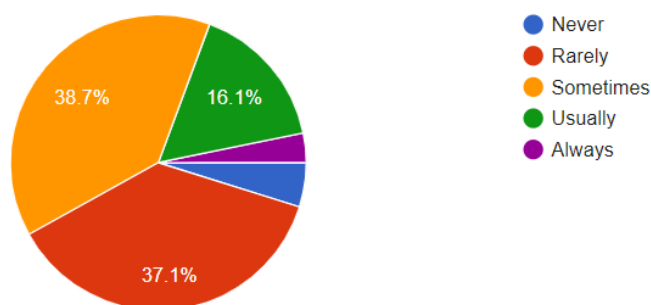
16-Do you think hanging out with friends could protect you from the effects of family problems?

17-Doing workout is the best solution to reduce the pressure coming from family problems.

Appendix B

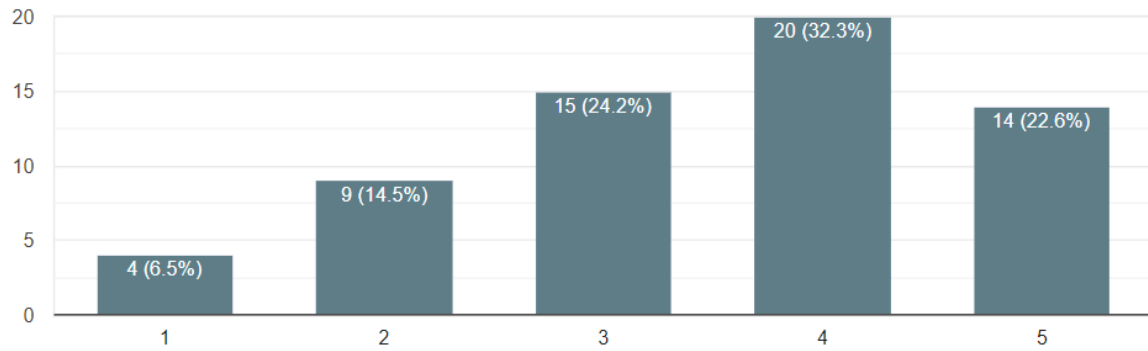
أصدقائي) 6- hear stories about family problem from my close friends-6 (أنا..... اسمع عن مشاكل عائلية لدى

62 ردًا



7-Do you think this problem cannot be solved easily-7 (هل تعتقد أن هذه المشكلة لن تحل بسهولة؟)

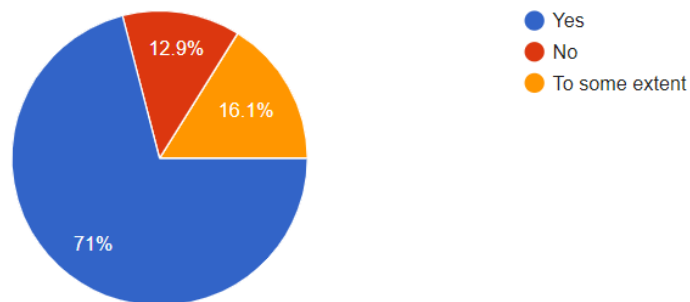
ردًا 62



Strongly disagree. 2 Disagree 3 Neutral. 4 Agree. 5 Strongly 1
.agree

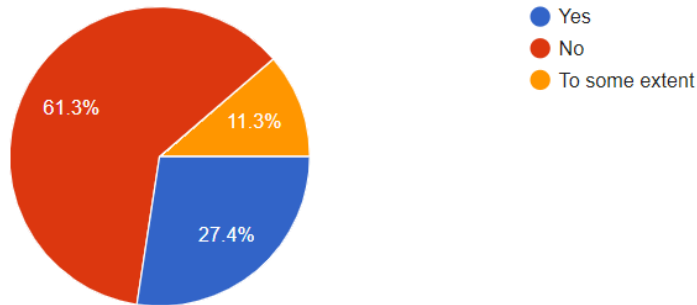
8-Do the family problems affect you negatively-8 (هل المشاكل العائلية تؤثر عليك سلبياً؟)

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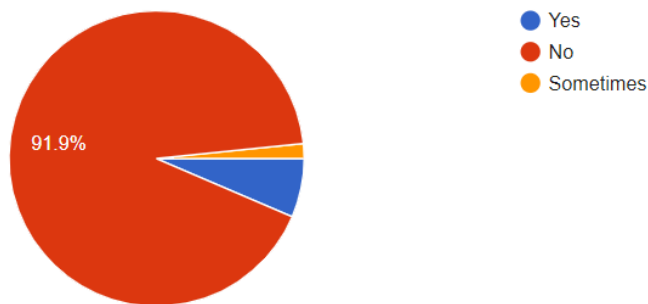
9-Do you have emotional bias to one of your parents because of the many quarrels-9
 تحيز عاطفي تجاه احد والديك بسبب كثرة الخلافات بينهم؟

ردًا 62



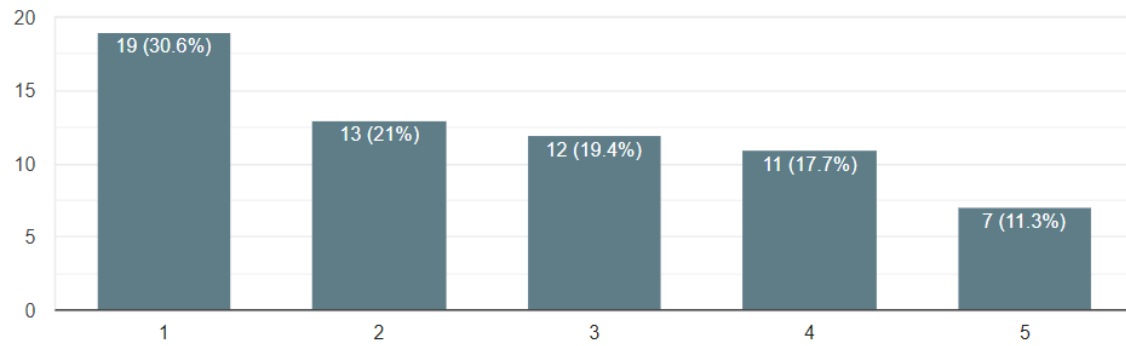
15-Do you think of drugs when you have family problems-15
 عائلية؟ (هل تفكر في المخدرات عندما تعاني من مشاكل

ردًا 62



Family problems cause sexual bad habits-16 (المشاكل العائلية تسبب عادات جنسية سيئة؟)

ردًا 62

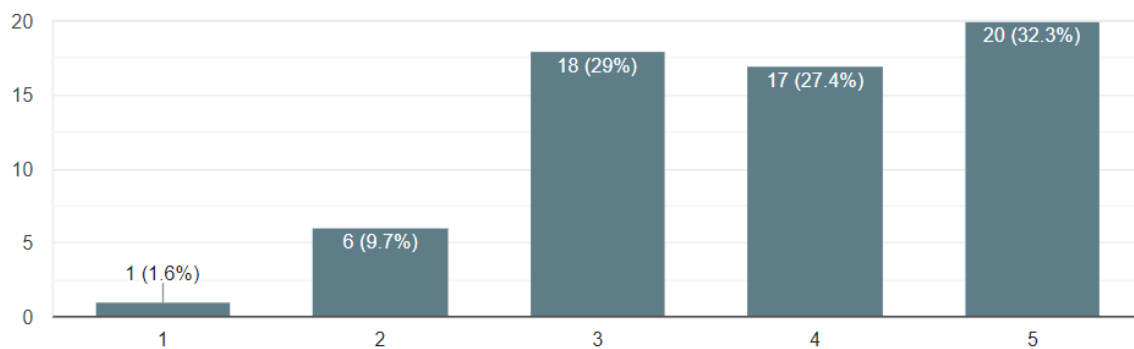


Strongly disagree. 2 Disagree 3 Neutral. 4 Agree. 5 Strongly 1
.agree

Working in a part time job is a good solution for avoiding the family problems pressure-18 (يعد

العمل بدوام جزئي حلاً جيداً لتجنب ضغط المشاكل العائلية)

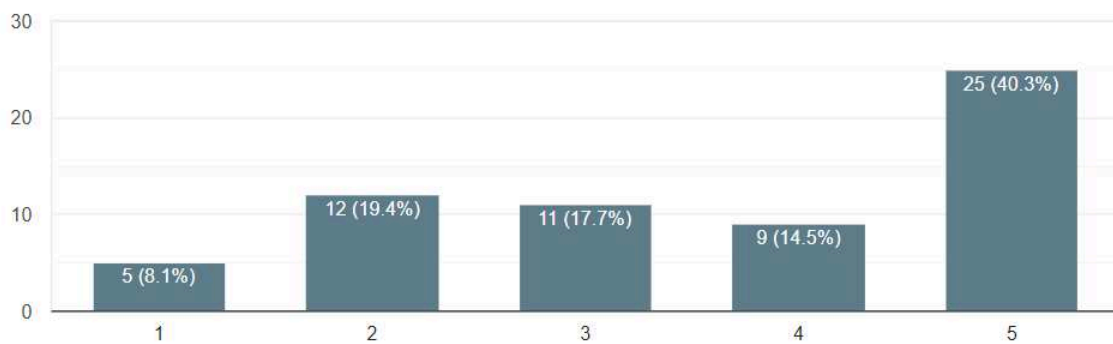
ردًا 62



Strongly disagree. 2 Disagree 3 Neutral. 4 Agree. 5 Strongly 1
 .agree

Do you think hanging out with friends could protect you from the effects of family-19
 problems (هل تعتقد ان قضاء الوقت مع الأصدقاء قد يحميك من آثار المشاكل العائلية؟)

ردًا 62



Strongly disagree. 2 Disagree 3 Neutral. 4 Agree. 5 Strongly 1
 .agree